

With Attached Photo: (Left to right) Sarah Casiano-Difffoot Waidmann holding Selah Adera; Jamellette Gomes; and Tanya Stipe holding Emery Taylor.

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## Oh Baby! Sisters Deliver Daughters on the Same Day at Southeast Georgia Health System

BRUNSWICK, Georgia: April 26, 2024 – There's nothing like sharing life's special moments with the people you love, but a pair of sisters from Brunswick, Georgia, took that to the next level when they gave birth to their daughters on the same day, just hours apart, at the Southeast Georgia Health System Miriam & Hugh Nunnally Maternity Care Center.



Sarah Casiano-Difffoot Waidmann was surprised when she found out there was a chance that she and her older sister, Tanya Stipe, might deliver their babies on the same day. “I was two weeks late delivering and my sister was induced two weeks early. At around 6 a.m., my baby started kicking furiously and all of a sudden, my water broke and we both ended up in rooms next to each other to give birth on the same day at the same hospital,” says Waidmann.

The sisters shared their pregnancy journey together. Stipe, who has a five-year-old son, Riley, and a two-year-old son, Jordan, provided Waidmann, a first-time mom, with comfort and laughs along the way.

“During our pregnancies, our mother was determined that we would deliver our babies on the same day,” says Waidmann. “But logic told me that the chance of that happening was just too far-fetched. However, mothers always seem to be right!”

Stipe and her husband, Drew, set eyes on their precious daughter, Emery Taylor, for the first time at 5:58 a.m. on April 15. Emery weighed in at 7 pounds, 1 ounce and measured 20 inches long. She was delivered by Darrin Strickland, MD, board-certified obstetrician and gynecologist, Southeast Georgia Physician Associates-Obstetrics & Gynecology.

“On our way to the hospital, we learned Emery had been born,” recalls Waidmann. “We think our daughter just had to be a twin, like her grandma wanted!” Waidmann and her husband, Michael, finally met their beautiful daughter, Selah Adera at 4:45 p.m., weighing in at 7 pounds and measuring 20.5 inches long. She was delivered by Margaret Goodman, MD, board-certified obstetrician and gynecologist, Southeast Georgia Physician Associates-Obstetrics & Gynecology.

“We cannot wait to have them grow up together and share birthdays and milestones,” says Waidmann. “But it won’t just be our two daughters – my twin sister, Jamellette Gomes, is seven months pregnant with a precious baby boy!”

“I am so thankful to have been able to have my first baby with my sister by my side to support me,” says Waidmann. “Having that experience with someone you are so close to is very special.”

**ABOUT SOUTHEAST GEORGIA HEALTH SYSTEM**

Southeast Georgia Health System is a not-for-profit health system comprised of two acute care hospitals, two long term care facilities, two Cancer Care Centers and multiple specialty care centers, including orthopaedic and spine care, joint replacement, breast care, maternity, outpatient rehabilitation, sleep management and wound care. The Brunswick Campus Cancer Care Center is accredited by the American College of Surgeons Commission on Cancer and is one of the few centers in Georgia to offer CyberKnife® M6 with MLC. Additionally, the Brunswick Campus is accredited by The Joint Commission as an Advanced Primary Stroke Center and the Camden Campus is accredited as an Acute Stroke Ready Hospital. The Southeast Georgia Physician Associates medical group includes more than 160 providers working in 20 different medical specialties at more than 50 locations. The Health System is part of Coastal Community Health, a regional affiliation between Baptist Health and Southeast Georgia Health System, a highly integrated hospital network focused on significant initiatives designed to enhance the quality and value of care provided to our contiguous communities. For more information, visit [sghs.org](http://sghs.org).

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